

"The New Global Awareness"

Article 2: The New Global Awareness and "Spirituality"

Welcome to the second article of this three part series of weekly articles, published on Tuesdays, explaining what "The New Global Awareness" is.

As we mentioned in article one which focused on "Science", in this article we shall again make use of scientific facts and logic, but this time to demystify spirituality. We also mentioned that while religion usually is based on spirituality, we shall not be talking about religion or beliefs in any of these articles.

With that in mind, let us start where we left off in the previous article where we had highlighted some factual inconsistencies about our reality, revealing a "blind spot" so to say in our awareness and perception of reality.

In that article we also questioned what this "blind spot" or lack of understanding means for our general understanding of reality; for the sciences we have built on the foundation of this limited understanding and for our ability to fully progress in the different disciplines of science.

Before we can talk about spirituality, let us first define what we mean by "spirituality". In these articles and in the book entitled "The New Global Awareness", spirituality simply represents a non-physical side to our reality.

So, is there really a non-physical side to our reality?

Well, consider this. Does not the fact, that our physical reality (which, without exception, is totally dependent on and defined by, the laws of physics) exists in a universe which does not itself adhere to the laws of physics, give us a first clue that there must be a factual non-physical side to our reality? In other words, does not the fact that our physical reality actually exists in what best can be described as a non-physical reality prove the existence of a non-physical reality as factual?

The fact is that neither time nor space, because of their endlessness, fits in with our perception of reality, or to put it in a different way, with what we normally perceive our reality to be.

Despite being totally dependent on having "time" in our reality (time which we perceive to be real) the fact is, that even contemplating to define where on the time-line we are - is a completely unrealistic and absurd concept.

The same can be said about the concept of "space". Despite knowing Earth's location in relation to other cosmic bodies in the universe, all of which we perceive to be real, it is impossible to define where the location of the expanding universe is. Even the notion of defining a location for it - is an utterly unrealistic and absurd concept.

I know that we humans have a habit of simply disregarding or ignoring problems which seem too hard for us to deal with. But as we mentioned in the previous article in relation to acknowledging the "blind spot" we have in our awareness "...*Putting our head in the*

sand and saying "...nothing strange going on here!" can hardly be considered a scientific approach to the problem".

If we want to be sincere and scientific about finding the answers needed to solve the puzzle, we do have to ask ourselves that really hard question: How can two seemingly incompatible realities coexist as part of one and the same reality?"

Indeed, what is the secret that this incompatible reality of "eternal space and time" is hiding from us? As written in a section of the book "The New Global Awareness" specifically dealing with the topic of spirituality: *"...This is where it starts to get really interesting. Remember having heard that science sometimes refers to our reality (i.e. our physical world) as a "Space and Time" reality, where everything physical can be measured and logically explained. Ironically, it is exactly these two fundamental aspects of our reality (i.e. Space and Time) that holds the key to change our perception of everything we know about this physical reality..."*

Surely it must be common sense that when we talk about our reality, it has to encompass the whole truth about our reality. For as long as we keep dividing our reality into two separate camps i.e. a spiritual reality and a physical reality, presided over by hard-lined ideologists, we will keep ourselves from ever reaching that higher level of insight and awareness which holds all the answers we are looking for.

Evidently, derived from revealing the incompatible nature of "time and space" with what we perceive our physical reality to be, there must indeed also be a factual non-physical side to our reality.

To find the answers we are looking for, we need to start by acknowledging *all* the facts of our reality. We need to get right to the core of what reality really is and ask ourselves some seriously hard questions. Take for example the simple and indisputable fact that the universe even exists at all! I would like you to take a moment to really think about this: *...Why does anything exist at all? What exactly is existence? What can put an expanding universe right in the middle of a "nowhere" and what does all this mean for what our reality really is?*

We are often led to believe that spirituality is something not to be taken seriously, because it cannot be proven. But what if this no longer is the case? As mentioned in the previous article, answers to everything we are talking about here can be found in the book "The New Global Awareness". That also includes scientific proof of our spiritual reality and a new way of perceiving our physical reality, one which finally will make sense of it all.



The proof of our spiritual reality presented in this article, however compelling, is really only the tip of the iceberg compared to what is revealed in the book. Only the progressive buildup of awareness and understanding of our reality found in the book will allow us to go deeper than we can in this article.

What the book provides us with is the wisdom to transcend and merge all our religions, belief systems and our sciences combined into one, so as to unify humanity in a universal awareness and knowledge about life and our true reality.

That being said, I will here include two small snippets from the book, from the sections entitled "*Science and Spirituality*" and "*Who am I*" respectively, which demonstrates the level of interconnectedness which exists between our physical and spiritual realities. In addition, while thoroughly demonstrated and explained in the book, these snippets also provide us with a clue that these realities in truth are one and the same reality.

"...While we can measure activity in the brain when a person's arm is raised and when signals are being sent back to the brain by the arm's sensory system, we cannot measure the invisible spiritual mind using the brain to lift the arm. We cannot measure the actual experience of it all i.e. the mind's experience of what is happening (which is the only part of the equation that has any real meaning since we are not robots). In other words, the brain is in control of all incoming and outgoing physical signals and activities, but the invisible mind (you) which is using and controlling the brain cannot be measured.

Picture a scenario like this. A scientist wants to perform an experiment to prove the function of the brain. He asks a college student named Ben to take part in his experiment. Then the scientist attaches some wires to Ben's brain and as he stimulates his brain with electric signals he asks "...Ben, what just happened when I pressed the button?". Ben replies "That's odd...my arm just went up!?". Evidently it was the electrical stimulation to the brain that made Ben's arm rise. But here is the thing. The fact that the brain controls the arm is actually quite trivial. What is of real importance is that no-one's body is capable of doing anything, if it is not controlled by someone's invisible mind (which ultimately is part of our invisible spiritual reality). In other words, either it is Ben's own invisible mind which controls his brain (which in

turn lifts his arm) or, it is the scientist's invisible mind that controls Ben's brain with the push of a button. Either way, without someone's invisible mind in control, nothing will happen...".

"...Interestingly, when we take a closer look at the activities that can be measured in the brain, it soon becomes clear that all these activities are linked only to the "interactions" we have with the physical world i.e. activities which has to do with our bodily functions and our experience of being present in the physical world. For example, when my brain holds a picture of a famous person in its awareness, whether I am actually looking at the person or just remembering what that person looks like, this activity can be measured in the brain. However, we are only talking about activities which are linked to our personal experience of being present in the physical world. What is not measurable is the place where all the many millions of images our memory has access to is stored and where our actual thinking and deeper awareness is located."

(N.B. Please keep in mind the above snippets only represent a very small part of this particular topic which is covered in great detail and at length in the book).

What the book gives us is a whole new level of awareness and insight that not only brings us up to the same level of wisdom and insight as that of the holy men and sages of the past upon which our world religions are based, but one which transcends to an even higher level of wisdom and insight where the ultimate truth about both our physical and spiritual reality can be understood and accepted by everyone.

Now, I can understand if you would be wondering "how can we - you and I - ever get to the same level of wisdom and insight as that of the holy men and sages of the past - and even transcend that level of wisdom and insight?" The secret to this lies in the book's subtitle "A Shift in Perception".

What ultimately differs between us and the holy men and sages of the past, is the way we perceive our reality. It is all about perception. What allows us to transcend the wisdom and insight held by the holy men and sages of the past, is that we now have access to a far more advanced level of understanding and insight, backed by science, which allows us to fully join the dots. What we are talking about here is the awareness and insight that will help us shift our perception of what reality is and get right to the bottom of what is the ultimate truth about both our physical and spiritual reality.

As mentioned on the "The New Global Awareness" website regarding the holistic insights that "The New Global Awareness" provides with regards to Spirituality:

"...It lifts up our perception of the reality in which we live to a whole new level of enlightenment bringing the world of spirituality into the world of everyday living. It proves our spiritual reality, meaning, our non-physical reality (or what some may refer to as "God"), without the reliance on religion or belief systems, using the same "scientific method" traditionally used by science. In other words "The New Global Awareness" introduces spirituality as a whole new branch of science, an academic subject with a rightful place in our educational curriculum".

With regards to spirituality, it may surprise you to hear that even the famous physicist Albert Einstein gave expression for this "spiritual reality" of ours in some of his well known statements e.g.:

"That deep emotional conviction of the presence of a superior reasoning power, which is revealed in the incomprehensible universe, forms my idea of God."

"What separates me from most so-called atheists is a feeling of utter humility toward the unattainable secrets of the harmony of the cosmos."

Furthermore, it is a statistical fact that the majority of people on Earth believe that there is a God of some kind. What all this means is that the majority of people on Earth have a deep-seated inner sense of us also being part of a spiritual reality - something which we cannot afford to ignore if we want to uncover the whole truth about our reality.

What is really exciting about "The New Global Awareness" is that we now *all* have access to the insights that will finally allow us to better understand this "...*superior reasoning power*" mentioned by Einstein and to better comprehend what he referred to as "...*the incomprehensible universe*". Simply put "The New Global Awareness" reveals and explains what Albert Einstein thought of as being "*unattainable secrets*".

On that note, by going deeper than any other book in the subject of our reality, one of the most important lessons to come from "The New Global Awareness" is that of our oneness. As the awareness of our reality broadens to also include the non-physical side of our reality and through this we start to realize who and what we really are, one of the key conclusions to come from this realization is that everything ultimately is one. What that means is that because of our shared oneness, what each and every one of us does, has far deeper reaching implications and consequences than what we would ever have imagined. Consequences which once we understand what our reality is and how it works, can be used to our advantage and to create that better world we are all dreaming of.

Next Tuesday...

In our next article, entitled "Politics", we shall first look at how "The New Global Awareness" can help remove the "Power" from those who misuse Religion for personal gain and/or agendas - and then look at some of the things that are wrong with our current political and economical systems. A topic which the book covers at great length while also introducing a model for a new future system capable of dealing with all of our current major problems.

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I would like to invite anyone with an interest in "The New Global Awareness" to join the LinkedIn Group also named "The New Global Awareness", accessible through the following link: <https://www.linkedin.com/groups/7062924>

Once the articles in this three part series of articles have been published on LinkedIn you can find them all on "The New Global Awareness" website, or by clicking here: <http://www.thenewglobalawareness.com/articles.html>

More information.

For those of you who are interested in new material for News articles, Blogs or for topics to write about in Journals etc, as you may well have discovered "The New Global Awareness" provides a wealth of new topics and insights to use. If you have any further questions please contact me either by posting in the "The New Global Awareness" Group or by sending me a private message.

It is anticipated that as this new global "awareness" starts to grow and become commonly known and understood, it will also increasingly become a subject matter for anyone to participate in whether they have read the book or not, for example on social media etc. (In light of this and for optimal participation in future discussions regarding "The New Global Awareness" I would recommend you consider reading the book).

Due to "The New Global Awareness" not being associated with any particular religion or belief system, it provides a neutral non-biased platform for the discussion of spirituality. It is ideal for discussions and debates at all levels of our society and for inclusion in the curriculum from elementary/primary school through to university level.

Direct link to the book on Amazon: <https://www.amazon.com/dp/B01M61YNXA>

N.B. The book is available in both e-book and paperback format.

For book details and additional information about "The New Global Awareness" please visit the "The New Global Awareness" website:

<http://TheNewGlobalAwareness.com>

James Y